

**NON-ALCOHOLIC FATTY LIVER DISEASE: A
PRACTICAL GUIDE**

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Non-alcoholic fatty liver disease: a practical approach to diagnosis and staging.

Non-alcoholic fatty liver disease (NAFLD) affects up to a third of the population in many developed countries. Between 10% and 30% of patients with NAFLD.

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Fatty Liver Disease - Canadian Liver Foundation: Alcohol, NAFLD, Symptoms & Treatment

Request PDF on ResearchGate | Non-Alcoholic Fatty Liver Disease: A Practical Guide | Liver biopsy evaluation remains critical in NAFLD for diagnosis, scientific .

Treatment options for alcoholic and non-alcoholic fatty liver disease: A review

Non-alcoholic fatty liver disease (NAFLD), encompassing both simple steatosis and non-alcoholic steato-hepatitis (NASH), is the most common.

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NAFLD is tightly associated with IR not only in the liver but also in muscle and adipose tissues [44], and also with MetS, defined as the cluster of any three of the following five features associated with IR: impaired fasting glucose IFG or T2DM, hypertriglyceridaemia, low high-density lipoprotein HDL -cholesterol gender-adjusted increased waist circumference ethnicity adjusted and high blood pressure [45]. To view these documents you will need software that can read Microsoft Word format. The prospectively designed FLIP algorithm increases observer agreement and precisely defines the grading of ballooning [22].

Galectin-3 antagonists: Galectins are proteins that bind to terminal galactose. Improvements in liver biochemistry and histology have been found in people with NAFLD through treatment with statins. Bariatric surgery is not necessarily effective in NAFLD, as rapid weight loss does not seem to impact fatty liver as it does other metabolic risk factors 6.

Of note, daily alcohol consumption up to 30g men or 20g women is insufficient and peer review: Commissioned; externally peer reviewed.

William Y.